



ADHD RESOURCES

BOOKS for PARENTS:

- HOW TO REACH AND TEACH CHILDREN WITH ADHD – 3RD EDITION, Sandra Rief (2016)
- TAKING CHARGE OF ADHD – 3RD EDITION, Russell Barkley (2015)
- UNDERSTANDING GIRLS WITH ADHD – 2ND EDITION, Patricia Quinn (2015)
- THE EVERYTHING PARENT'S GUIDE TO EXECUTIVE FUNCTIONING DISORDER, Rebecca Branstetter (2013)

BOOKS for CHILDREN:

- MRS. GORSKI I THINK I HAVE THE WIGGLE FIDGETS, Barbara Esham (2018) 5-8 years old
- PUTTING ON THE BRAKES: UNDERSTANDING AND TAKING CONTROL OF YOUR ADHD, Patricia Quinn (2012) 8-13 years old
- THE SMART BUT SCATTERED GUIDE TO SUCCESS: HOW TO USE YOUR BRAIN'S EXECUTIVE SKILLS, Peg Dawson (2016) for teens

WEBSITES:

- Children and Adults with ADHD
www.chadd.org
- Learning Disabilities Online
www.ldonline.org
- Attitude Magazine
www.attitudemag.com